

FEBRUARY 2010 ♥

FROM THE EDGE

Our Monthly Newsletter...For Your Information!



Love is in the air... ♥

Or is that snow?...At any rate, happy February everyone! Believe it or not, we're almost halfway through our winter session. And with our ice show coming up, we have a lot of skating still to come! Have fun out there!



REMINDER: Kinsmen Lessons ♥

Please remember that there will be **NO LESSONS** at Kinsmen Arena on **Saturday, Feb. 6th** and **Saturday, Feb. 13th**. Kinsmen Saturday classes run two weeks further into March than our other arenas to make-up for these missed weeks.

Dressing Room Etiquette ♥

The arena attendant posts the dressing rooms for us to use every week on the white board near the arena entrance. Putting on skates in the hallways or players' boxes blocks the entrance to the arena for our skaters and for others using the facilities. Please make sure you use the appropriate dressing rooms – they are there for your convenience!

Reminder: Safety First ♥

- Players' boxes must be kept clear for safety reasons. Please watch lessons from the bleachers.
- Skaters and coaches need to concentrate on lessons: please talk to them outside lesson time.
- Skaters are permitted on the ice only when the Zamboni gates are closed and a Coach has given permission for skaters to go on the ice.
- Only registered skaters are permitted on ice. If you want to go on the ice, please register – we'd be happy to have you!
- Skaters will **NOT** be allowed on the ice without an appropriate helmet.

Ice Show on the Web... ♥

Coming soon to our Club website is a new section where you'll find everything you need to know about our Ice Show! Look for it mid-month!

Ice Show-Need to Know ♥

Preparations are well under way for the 2010 ice show! Mark your calendars now for the big day on **Sunday, March 21st, 2010 @ Confederation**. What you need to know:

Volunteers

The volunteer sign-up sheet is now at the arenas. **Please sign up for the duty of your choice by February 14th, 2010**. If you have any questions or concerns, please contact the ice show Chairperson, Shivani, at shivinisherman@hotmail.com. We need 2-3 volunteers to help us sew costumes for the show. If you are able to help, please contact Shivani or Pauline ASAP!

Tickets

Tickets will be sold at the door on the day of the show. Ticket prices: \$3/person or \$10/family of four.

Dress Rehearsal

All skaters participating in the ice show are expected to attend the important dress rehearsal:

March 20th, 2010, 1:45-3:15pm @ Tipton

A professional photographer will be there to take pictures of skaters in full costume. More details regarding payments and orders for your child's photos will be distributed soon.

Skate Guard Alert!

Please remember that all skaters are expected to have hard, **plastic skate guards** for the ice show. Skaters will be walking around quite a bit and the guards will protect their blades – and other skaters!

Attention Power Skaters:

Skaters in power skating should be prepared to skate in the ice show wearing full gear with their hockey sticks.

Attention Beginner Skaters:

Some helpful hints to prepare for the ice show:

- Practice walking around the house in skates and skate guards.
- Attend public skating sessions to practice.

Child Fitness Tax Credit ♥

Please see Pauline at the arena on the following days ONLY to collect your child fitness tax credit for the upcoming tax season:

Tipton Arena: 4:00-6:30pm, Sunday, Feb.7th

Kinsmen Arena: 9:30-11:00am, Saturday, Feb.20th

Event Calendar ♥

Winter Session Start & End Dates

Kinsmen Saturdays: Jan. 2 – March 20*

Tipton Saturdays: Jan. 2 – March 13

Tipton Sundays: Jan. 3 – March 7

Tipton Tuesdays: Jan. 5 – March 23

Tipton Wednesdays: Jan. 6 – March 10

**There will be no lessons at Kinsmen Arena on Saturday, Feb. 6th and Saturday, Feb. 13th due to scheduled hockey tournaments.*

Edmonton Region Fun Meet

February 5-7th, 2010

Millwoods Recreation Centre

7207-28 Avenue

Annual Ice Show

Rehearsal: March 20th, 2010

1:45-3:15pm @ Tipton Arena

Showtime: March 21st, 2010

1:30-4:30pm @ Confederation Arena

Contact Us ♥

Mail:

Federation Skating Club

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Our Arenas ♥

Confederation: 11204 – 43 Avenue

Kinsmen: 1979 – 111 Street

Tipton: 10828 – 80 Avenue

Fun Meet Here we Come! ♥

Good luck to all Club skaters who will represent us proudly at the 2010 Edmonton Region Fun Meet. Come out and cheer on our skaters:

Fun Meet Days: February 5-7th, 2010

Arena: Millwoods Recreation Centre

Any questions about the Fun Meet? Contact coach Lora at lgingera@hotmail.com.

SkateWatch: How to Tie Skates

1. Loosen the laces from the top all the way down to the bottom of the skate.
2. Place the foot inside the skate making sure it is lying flat on the foot bed.
3. Tighten the laces in the lower half of the skate first – make sure to tighten each criss-cross of the laces.
4. Make sure the tongue is straight, tucked into the skate evenly on both sides, and does not slip under the laces.
5. Tighten the top laces so that the skate fits snugly around the ankle. You should only be able to fit one finger down inside between the skate and the leg.
6. Tuck long laces into the sides of the skate to keep them out of the way.

PLEASE HELP ME FIND MY VALENTINE!!!

